



Community Connectors Social Prescribing Clinics

We currently run clinics in the following GP Practices (by appointment only):

Hastings & Rother

- Sedlescombe Surgery
- Westfield Surgery
- Fairfield (Burwash)
- Northiam Surgery
- Battle Health Centre
- Rye Medical Centre
- Ferry Road Medical Centre

Eastbourne, Seaford & Hailsham

- Lighthouse Medical Centre (Ian Gow and College Road)
- Princes Park Surgery
- Harbour Medical
- Stones Cross Surgery
- Victoria Medical Centre
- Beacon Surgery
- Seaforth Farm Surgery (Hailsham Medical Group)
- Seaside Medical Centre

We can also see you in the Community (By appointment only)

- Eastbourne Wellbeing Centre
- Hailsham Wellbeing Centre
- Bexhill Wellbeing Centre
- Hastings Wellbeing Centre
- ESRA (East Sussex Recovery Alliance), Hastings

For more information on Southdown's Community Connectors contact us by calling 01323 340151 or email Social.prescribing@nhs.net