



Neighbourhood Wellbeing Service

Bexhill | June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			Art Group 10.30am – 12.30pm	
			Online Group 11am – 12noon	
		Quiz 2 – 3pm	Have your say session 11am – 12noon 18 June	
		Yoga 3 – 4pm (Ask staff for dates)	Drop in and chat (Existing clients only) 2 – 4pm	
		Drop in and chat 3 – 4pm (existing clients only)		
		Neighbourhood Wellbeing Group: Preparing for Change 5:30 – 7pm Starts 3 June (Registration required)	Walk-in Welcome Session 4 – 7pm Starts 25 June	

Social Space

Neighbourhood Wellbeing Group

Walk-in Welcome Sessions