



Neighbourhood Wellbeing Service

Newhaven | June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Art Course: Printmaking 10:30am – 1pm Starts May 12 12 May – 30 June (Registration required)</p>		<p>Hearing Voices 10 – 11am 4 and 18 June</p>	
	<p>Walk-in Welcome Session 11am – 2pm (Starts 23 June)</p>		<p>LGBTQ+ 10 – 11am 11 and 25 June</p>	
	<p>Have Your Say Session 1:30 – 2:30pm 16 June</p>		<p>Online Support Group 11am – 12noon</p>	
	<p>Social Space 2.30 – 4.30pm</p>		<p>Social Space 11am – 1pm</p>	
	<p>Arts, Crafts and Games 2.30 – 4.30pm</p>		<p>Circle of Support 11:30am – 12:30pm</p>	
	<p>Neighbourhood Wellbeing Group: Preparing for Change 5:30 – 7pm 19 May – 7 July (Registration required)</p>		<p>Card Making 2 – 4pm</p>	
			<p>Script Reading 2.30 – 3.30pm 4 and 18 June</p>	
			<p>Music Appreciation 2:30 – 3:30pm 11 and 25 June</p>	

Social Space

Neighbourhood Wellbeing Group

External Group

Walk-in Welcome Session

