



Neighbourhood Wellbeing Service

Uckfield | June 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	Willow Weaving 10 – 11:30am			Neighbourhood Wellbeing Group 11:30am – 1pm (Registration required)
	Social Activities Group 11:30am – 12:30pm Except 9 June		Online Group 11am – 12noon	
	Client Planning Meeting 11:30am – 12:30pm 9 June			
	Guided Meditation for Relaxation 1:30 – 2:30pm			
	Walk-in Welcome Session 4 – 7pm Starts 23 June			Quiz Group 2 – 3pm
				Creative Writing 3 – 4pm

Social Space

Neighbourhood Wellbeing Group

Walk-in Welcome Session