

Wednesdays in April

Lewes

Activity	Time	Description
Wellness toolbox	2pm - 3pm	April 8, 15, 22, 29
Art and crafts	3pm - 4.30pm	April 8, 15, 22, 29

Thursdays in April

Activity	Time	Description
Online group	11am - 12pm	April 2, 9, 16, 23, 30

-  Part of the social space offer
-  Part of the new peer group offer
-  Open to new and existing clients
-  Delivered by external partners

Southdown

