



# Neighbourhood Wellbeing Hub – Lewes

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>10-11am <b>Art Group</b></p>	<p>11am-12noon <b>Online group</b></p>		
		<p>11am – 12noon <b>Social Activities Group</b> Space to play board games, do puzzles, and chat with your peers.</p>			
		<p>12noon – 1pm <b>Quiz Group</b></p> <p>8July   12:30pm <b>Client Planning group</b></p>			
		<p>4-7pm <b>Walk-in welcome session</b></p>			

Social Space	Walk-in Welcome Session	 
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