

Neighbourhood Wellbeing Service

Bexhill | May 2026

Southdown

Monday	Tuesday	Wednesday	Thursday	Friday
			Art Group 10am – 12noon	
			Online Group 11am – 12noon	
		Quiz 2 – 3pm	Drop in and chat (Existing clients only) 2 – 4pm	
		Yoga 3 – 4pm (13 May – 3 June)		
		Drop in and chat 3 – 4pm		
		Neighbourhood Wellbeing Group 5:30 – 7pm Starts 20 May		
		Games Group 6 – 7pm May 6 and May 13		

Social Space

Neighbourhood Wellbeing Group