

Neighbourhood Wellbeing Service

Newhaven | May 2026

Southdown

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Art Course: Printmaking Eight Weeks 10:30am – 1pm Starts May 12</p>		<p>Support Groups: 10 – 11am Hearing Voices 7 and 21 May LGBTQ+ 14 and 28 May</p>		
	<p>Games, Knit and Natter 12:30 – 4:30pm 12, 19 and 26 May</p>		<p>Online Support Group 11am – 12noon</p>		
	<p>Neighbourhood Wellbeing Group 5:30 – 7pm Starts 19 May</p>		<p>Social Space and Circle of Support 11am – 1pm</p>		
			<p>Social Space and Script Reading 2 – 4pm 7 and 21 May Music Appreciation 14 and 28 May</p>		

Social Space

Neighbourhood Wellbeing Group

External Group