

Wednesdays in April

Newhaven

Activity	Time	Location	Description
WRAP course	10am - 1pm	Newhaven	April 1, 8, 15, 22 *

*Please book onto the course beforehand



Part of the social space offer



Part of the new peer group offer



Open to new and existing clients



Delivered by external partners

Thursdays in April

Newhaven

Activity	Time	Location	Description
Games, knit & natter	10 - 12pm	Newhaven	
Online group	11 - 12pm	Online	
ASD support group	12pm - 1pm	Newhaven	April 9
Hearing Voices support group	12pm - 1pm	Newhaven	April 16
LGBTQ+ support group	12pm - 1pm	Newhaven	April 23
Social space	2pm - 4pm	Newhaven	



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