

Transition & Resettlement Service (T&R) Brighton & Hove

Additional Support Offer

About the Service

The Southdown Transition & Resettlement service is a Housing Support service operating in Brighton and Hove.

We have an additional offer of support for people specifically under specialist and secondary mental health services with housing support needs.

The service is aimed at people aged 18+ who need housing support to manage their own accommodation or prevent homelessness. We can offer support with planning a move and resettlement into new accommodation. For those who are homeless or in commissioned supported accommodation, we can also offer support with accessing independent accommodation.

The support offered is responsive to people's changing needs and builds on their strengths, with the aim of helping people to manage independently.

What do we offer?

- Flexible/short-term, goal-orientated, trauma-informed housing support to single adults. We are not able to work with families.
- One-to-one support delivered face-to-face in clients' homes or community venues.
- Tenancy sustainment to prevent homelessness, e.g. support to manage rent payments, addressing debts and setting up repayment plans, budgeting skills, liaising with landlords/agents, ensuring people are getting the correct benefits, understanding the tenancy agreement.
- Resettlement support for new tenants, e.g. planning the move, being there on the day of the move, setting up bills and rent payments, claiming benefits, getting essential household items and white goods.
- Support to navigate the private rented sector, e.g. guidance on property searching, affordability assessments, attending viewings.

Support also focusses on areas such as:

- Financial capability.
- Health and wellbeing.
- Support networks and community.
- Skills and occupation, including employment, volunteering and training.

Eligibility

- Adults (18+) within Brighton and Hove.
- People under specialist and secondary mental health services with a housing support need in any tenure.
- People who are homeless or in commissioned supported accommodation services and ready to live independently.

How to access

Referrals can be made by specific services, including specialist and secondary mental health services, Brighton & Hove Housing Options teams, homelessness services, and commissioned supported accommodation providers.

Referral forms and enquiries should be sent to the Brighton Support inbox:

Brighton.Support@southdown.org

If you would like to discuss making a referral, please contact one of our Team Managers: Ellie Kinnell or Lindsay Jordan (contact details below).

Find out more

We have planned a series of online drop-ins for professionals to come and find out more about our service. Please email us to get on the mailing list for future meetings.

We are happy to come to team meetings to talk about our service and answer any questions. Please get in touch to discuss.

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You can find out more about the Transition & Resettlement service at:
www.southdown.org/services/transition-resettlement-service-brighton-and-hove/

