

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10-11:30am Lino Printing and creative space.</p>		<p>11am-12noon Online group</p>		
	<p>11:30am-12:30pm Social Activities Group Space to play games, do puzzles and chat with your peers</p>				
	<p>1:30-2:30pm Guided Meditation for Relaxation</p>				
	<p>4-7pm Walk-in welcome session</p>			<p>2-3pm Quiz Group</p>	
				<p>3 – 4pm Creative Writing Guided creative writing space.</p>	
				<p>10 July 3-4pm Client planning group</p>	

Social Space

Walk-in Welcome Session