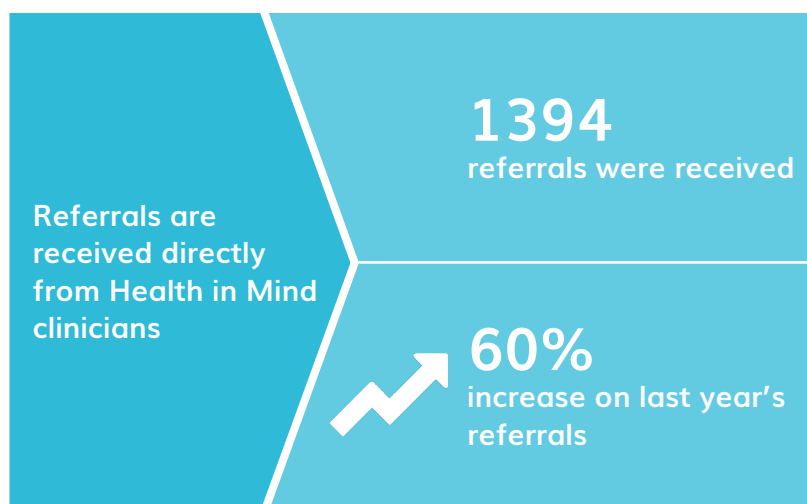
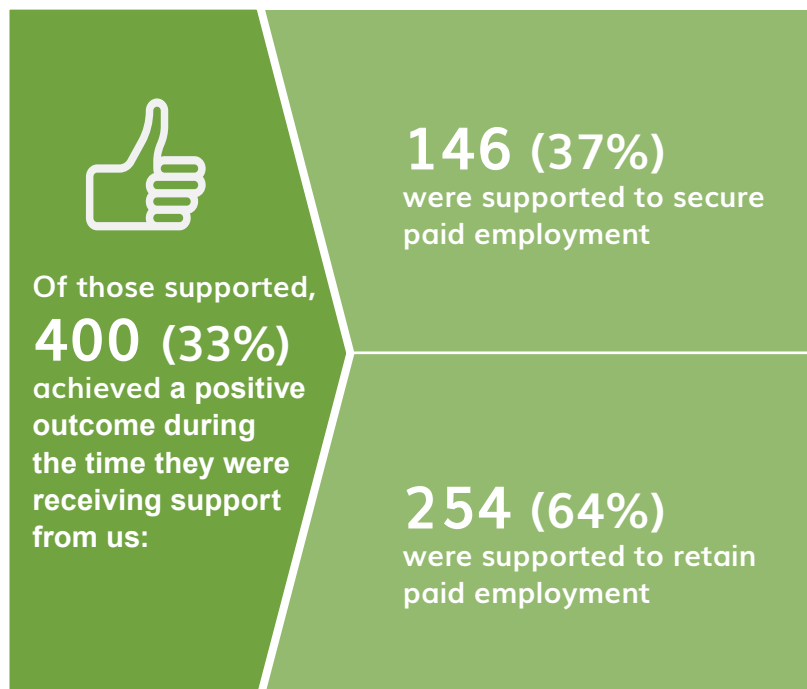


Specialist employment support, provided in partnership with the Sussex Partnership NHS Foundation Trust, to help people accessing East Sussex Health in Mind mental health services secure and retain paid work.



Work in Mind (East Sussex)



Work in Mind has developed a tailored approach with sessions to match the therapeutic treatments provided by the Health in Mind IAPT (Improving Access to Psychological Therapies) service.

We provide short term support over a number of sessions that can continue for a period of time beyond the end of client's therapy treatment.

The strength of integrated working between the clinical teams and the Employment Specialists has grown as the service has developed, providing a huge benefit for the clients.

Clinicians know that Work in Mind can be approached about any employment related matter and that clients can partake in a friendly initial conversation to try and identify areas where support can be provided.

Find out more

For more information visit our website or contact Byron Woods, Team Manager of Work in Mind at Southdown:

✉ Byron.Woods@nhs.net ☎ 07825 253150